

*"Catholic Charities has helped me out in so many ways. Helping me believe in myself and gain my confidence back is the best thing about my Circle. I knew there were good people in the world but I didn't know they would help people like me."*

*"This past year was full of pain and grief for my family and after coming to my breaking point, I reached out to Catholic Charities for grief counseling. The EMDR therapy helped me work through my grief and pain in a way that was so helpful. We laughed, we cried, we worked together to begin my healing. Through Catholic Charities counseling, I am able to say that I am starting to become the person that I have always wanted to be."*

*"Catholic Charities has helped me with my immigration paperwork for years. I'm so grateful to be able to continue to live and work here legally. I wouldn't even know where to start with the process and cannot imagine doing this on my own."*



# Catholic Charities

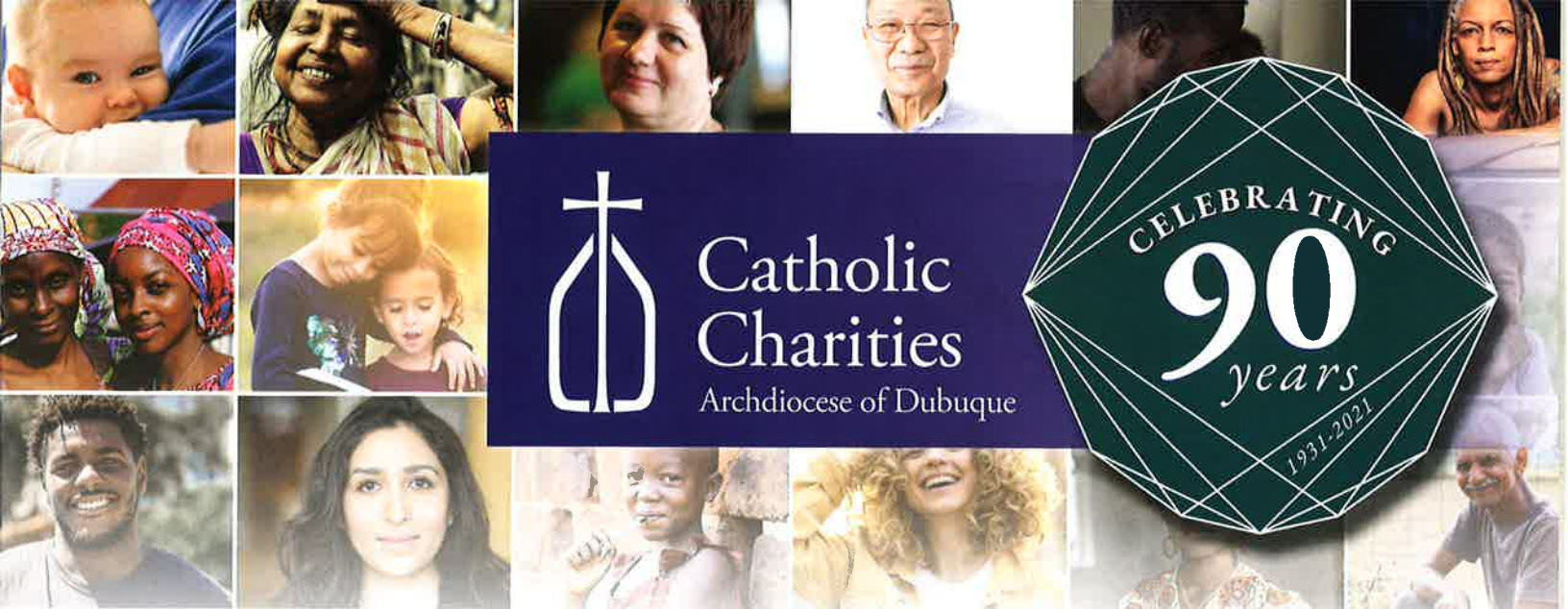
Archdiocese of Dubuque

*90 years of providing HELP and creating HOPE*

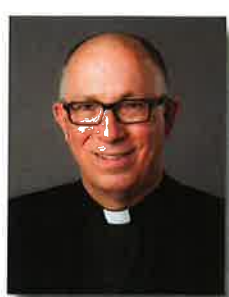


*"It was over 40 years ago that I put my son up for adoption and I always wondered what he was doing and where he was. When we started the post-adoption search process, we both knew it could go either way but ours is a happy story with lots of happy tears. My son agreed to meet and we are so grateful to have a new beginning together thanks to Catholic Charities!"*

*"Thanks to affordable housing at Catholic Charities, I was finally able to get out of an abusive relationship and I have a new outlook on life. My apartment is coming together and I'm so happy."*



**Catholic Charities**  
Archdiocese of Dubuque



Dear friends,

Monsignor Jim Barta once said to me: Quakers are known as peacemakers, and Amish as furniture-makers (and living simply), but what are Catholics known for? What comes ready to mind are things like rituals, rules, and the rod of punishment; Bingo, fish fries, capes, and swords. Those aren't bad, but not really powerful enough to attract or retain members in the Catholic Church. So, what is? Here's the deal, Parker: We are followers of Jesus in his Catholic Church.

"No one among them was in need." – That was said of the first Christians, in the Acts of the Apostles, because they shared with the poor. Can that be said of our generation too? It can if we share - that's what Jesus wants us to be known for! Yes, devout prayer, a beautiful Mass, great RE or Catholic school, but not without serving the poor.

*"We Catholics are known for helping people who can't provide for or protect themselves."*

For us, living by his teaching and example are vital, and the most important is love of God and neighbor. Loving God by loving our neighbor is practiced by helping people who can't protect themselves – like the unborn and immigrants – or provide for themselves, such as the poor.

When Catholic Charities makes its appeal for 2021, help them to help the poor. And helping them (please, God) will help us to be able to answer Monsignor Barta honestly: We Catholics are known for helping people who can't provide for or protect themselves.

Protecting and providing for others is pure and undefiled religion. It is the basis on which Jesus will judge us: those who did will enjoy heaven, those who did not will not. It also has the ability to cover a multitude of sins and it can thwart the worldly allure and spiritual threat of power, privilege and perks.

Confident of your generosity, and grateful for it, I am.

Sincerely yours in Christ,

*Michael Jackels*

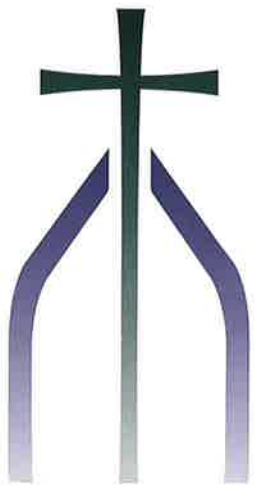
Michael O. Jackels  
Archbishop of Dubuque

***Celebrate 90 years of providing HELP and creating HOPE with your gift today!***

Please detach this form and mail to:  
Catholic Charities of the Archdiocese of Dubuque, 1229 Mt Loretta Ave., Dubuque, IA 52003

CCAPPE

Name: \_\_\_\_\_  
 Address: \_\_\_\_\_  
 City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_  
 Phone: \_\_\_\_\_  
 Email: \_\_\_\_\_  
 Parish: \_\_\_\_\_



My gift is: \_\_\_\_\_  
 (Checks payable to Catholic Charities)

**Give securely online at**  
***CatholicCharitiesDubuque.org/donate***  
**or call 563.588.0588**

Visit our website to give stock or Qualified Charitable Distribution (QCD) from IRA.

*Talk to your employer about matching gifts and multiply your impact!*

I would like more information on planned giving opportunities.

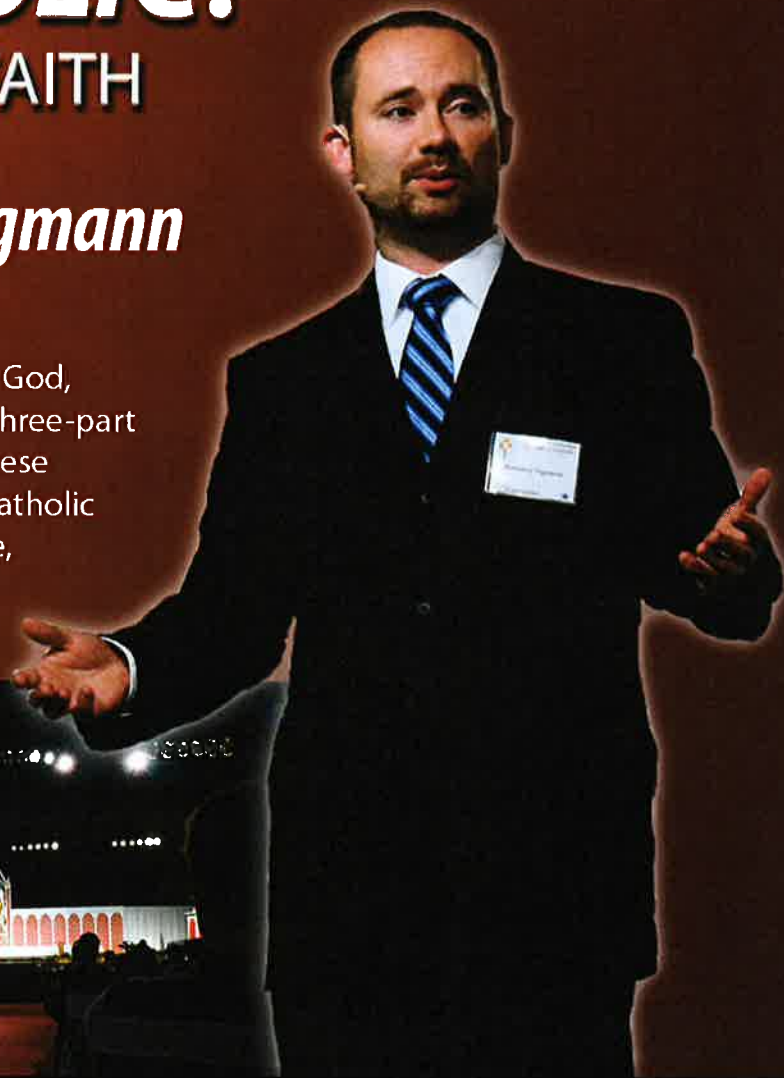
Scan the Snapcode to visit our website!



# WHY GOD? WHY CHRISTIAN? WHY CATHOLIC? EVIDENCE FOR FAITH

with **Anthony Digmann**  
*MA Theology*

Explore the reasons behind our faith in God, Christianity, and Catholicism with this three-part parish mission, workshop, or retreat. These presentations combine Christian and Catholic apologetics with evidence from science, philosophy, and archaeology.



Discover more at [AnthonyDigmann.com](http://AnthonyDigmann.com)

"Anthony Digmann is a gifted and faithful Catholic evangelist. His speaking, writing, and teaching illuminate the truths of the Church for youth and adults alike, and his commitment to both the Church's mission and the Magisterium is inspiring. I am pleased to endorse Anthony and his evangelization apostolate."  
-Most Rev. Michael O. Jackels, S.T.D.,  
Archbishop of Dubuque

"Why God?" - Sunday, February 28th at 7pm  
"Why Christian?" - Monday, March 1st at 7pm  
"Why Catholic?" - Tuesday, March 2nd at 7pm

Location: St. Cecilia Church Sanctuary  
Talks to be Livestreamed

# Social Justice Newsletter

## February 2021

**A Committee of St. Cecilia's Catholic Church**

**2900 Hoover Avenue, Ames, Iowa 50010**

**(515) 233-3092 [www.stceciliaparish.org](http://www.stceciliaparish.org)**

Volume 11

Issue 1

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Editor: Lynn Franco

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### *CRS Rice Bowl*

#### **A History and an Invitation**



CRS (Catholic Relief Services) is the international humanitarian agency of the Catholic Church in the United States. Founded in 1943 by the United States Conference of Catholic Bishops, the agency provides assistance to 130 million people in more than 110 countries around the world.

Initially the agency was known as the War Relief Services and its original purpose was to aid the refugees of war-torn Europe. It has undergone several transformations since then. After a period of prayer and reflection, CRS embraced a vision of global solidarity and incorporated a justice-centered focus into all of its programming, using Catholic social teaching as a guide.

The rice bowl portion of CRS was established in 1977, emphasizing prayer, fasting, learning and giving. The bowl itself is a symbol of both hunger and hope. Seventy-five percent of the funds raised support development programs in Africa, Asia, and Latin America such as providing food, water, medical assistance and educational opportunities to communities. The remaining twenty-five percent stays in the diocese for local poverty and hunger alleviation projects.

You are invited to participate in the 2021 CRS Lenten program. Rice bowls and calendars are available in the Narthex. Pick one up at your convenience. Through our participation in the program we will embrace Jesus as well as our neighbors around the world. For additional information, please go to <https://www.crsricebowl.org/>

## Social Justice Contacts

**ALTERNATIVE GIFT MARKET -**  
1-800-842-2243 - **STC Contact:**  
Cynthia Shriver 515-451-4606

**AMOS - STC Contact:** open position

**CATHOLIC DAUGHTERS OF THE AMERICAS - STC Contact:**  
Rose Tondra 232-4598

**CLIMATE ACTION TEAM -**  
**STC Contact:** John Wilson 232-1087

**DAYS FOR GIRLS - STC Contact:**  
Mary Ross 232-5080

**EMERGENCY RESIDENCE PROJECT - STC Contact:**  
Ben Kellen 515-460-2844

**FOOD AT FIRST - 611 Clark Ave., Ames - 515-344-4357 - STC Contact:**  
Julie Haas 232-7138

**GOOD NEIGHBOR EMERGENCY ASSISTANCE, INC. - 613 Clark Ave., Ames - 515-296-1449**  
**STC Contact:** Charlie Weber 515-460-3335

**HOME FOR AWHILE -**  
**STC Contact** Mary Ross 232-5080

**CRS RICE BOWL - STC Contact:**  
Cynthia Shriver 515-451-4606

**PRISON MINISTRY - STC Contact:**  
Barb Moore 515-337-1551

**SAINT CECILIA SOCIAL JUSTICE COMMITTEE - Contact:**  
Doreen Berg 515-956-3414

**SANCTITY OF HUMAN LIFE -**  
**STC Contact:**  
Garland Dahlke 515-460-0403

**STORY COUNTY HUNGER COLLABORATION - Contact:**  
Doreen Berg 515-956-3414

The Social Justice Committee meets on the third Monday of each month at 7:00 p.m. in the St. Louis Room. Everyone is welcome to attend.  
**CONSIDER BECOMING A MEMBER**

**AMOS** | A Mid-Iowa Organizing Strategy

**AMOS** is made up of 35 member congregations and advocacy organizations across central Iowa. It is a Non-partisan, local organization that works at making democracy work. **St. Cecilia Parish is a member.**

AMOS is affiliated with the Industrial Areas Foundation, the nation's largest and oldest organizing network. There are over 60 IAF affiliate organizations across the United States.

**AMOS** regularly organizes research action teams to find concrete, specific, and winnable solutions to the problems plaguing families in our community. These volunteer, citizen-led issues teams are formed out of the small group house meeting process AMOS organizes every two to three years. Issues grow out of this bottom-up, grassroots process of listening and telling our stories. Over our twenty year history, AMOS has amassed an impressive track record of finding solutions to otherwise divisive, complex public problems through an intensive, win-win, non-partisan approach to politics.

**Samples** of recent AMOS/Ames accomplishments are:

- **Helped** raise over \$179,000 in emergency funds for **Story County immigrants.**
- **Pushed** Story County Board of Health to create a plan to provide medical care for persons experiencing **homelessness who contract COVID-19.**
- **Supported** additional federal funding to ensure the county's homeless shelter **The Bridge Home** (AMOS member) could continue to operate at full capacity.

THE BRIDGE HOME

"If I cannot do great things, I can do small things in a great way."

Dr. Martin Luther King, Jr.