



A Committee of St. Cecilia's Catholic Church

CRS Rice Bowl Collection - Lent 2018 - \$3,648 -Thank You!

Social Justice Newsletter May 2018

Daily, let us live our lives through the Corporal and Spiritual works of Mercy

The corporal works of mercy

- ⇒ To feed the hungry
- ⇒ To give drink to the thirsty
- ⇒ To clothe the naked
- ⇒ To shelter the homeless
- ⇒ To visit the sick
- ⇒ To visit the imprisoned
- ⇒ To bury the dead

The spiritual works of mercy

- ⇒ To instruct the ignorant
- ⇒ To counsel the doubtful
- ⇒ To admonish sinners
- ⇒ To bear wrongs patiently
- ⇒ To forgive offenses willingly
- ⇒ To comfort the afflicted
- ⇒ To pray for the living and the dead

Students from the ISU Rotaract Club

volunteered at the Days for Girls meeting on April 10. (held at St. Cecilia's). Forty five hygiene kits for Girls in South Africa were



completed at the meeting, which marked the third anniversary of the Ames Sewing Team.



Also, the Ames Days for Girls Sewing Team welcomed Iowa

State students on April 7 as part of **CyServe, a day of community service for ISU students.** They completed 34 kits and worked on many other items – cutting ribbon and fabric, serging, sewing drawstring bags, liners, etc.



Days for Girls meets in the **Oscar Romero Room** at St. Cecilia on the **second Tuesday of each month at 7pm** and on the **fourth Thursday at 1pm.**

No sewing skills are needed and newcomers are always welcome.

Social Justice Contacts

ALTERNATIVE GIFT MARKET -
1-800-842-2243 **STC Contact:**
Cynthia Shriver 292-6584

AMOS STC - Contact:
Nancy Heideman 292-5441

APPALACHIA/OVERFLOW -
202 So. Duff, Ames. **STC Contact:**
Lynn Franco 232-0898

BIRTHRIGHT OF AMES -
108 Hayward Ave., Suite 202, Ames
515-292-8414. **STC Contact:**
Kriss Holmes 515-292-8414

CATHOLIC DAUGHTERS OF THE
AMERICAS - STC Contact:
Rose Tondra 232-4598

DAYS FOR GIRLS - STC Contact:
Mary Ross 232-5080

EMERGENCY RESIDENCE
PROJECT - STC Contact: Julie Haas
232-7138

FOOD AT FIRST - 611 Clark Ave.,
Ames. 515-344-4357 **STC Contact:**
Doreen Berg 956-3414

GOOD NEIGHBOR EMERGENCY
ASSISTANCE, INC. - 613 Clark Ave.,
Ames 515-296-1449 **STC Contact:**
Phyllis Craig 291-1106

HOME FOR AWHILE - STC
Contact: Mary Ross 232-5080

OPERATION RICE BOWL - STC
Contact: Cynthia Shriver 292-6584

PRISON MINISTRY - STC Contact:
Barb Moore (515) 337-1551

SAINT CECILIA SOCIAL JUSTICE
COMMITTEE. STC Contact:
Doreen Berg 956-3414

SANCTITY OF HUMAN LIFE, STC
Contact: Garland Dahlke 460-0403

The Social Justice Committee meets on
the third Monday of each month at 7:00
p.m. in the Oscar Romero Room.
Everyone is welcome to attend.

CONSIDER BECOMING A MEMBER

May 2018

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MAY IS MENTAL HEALTH AWARENESS MONTH



Through the St. Cecilia's Monthly Black Bag collection, the mentally ill in our community and their families are helped through our donations to NAMI Central Iowa. If you need help for yourself, a family member, or a friend, contact NAMI CI.



NAMI Central Iowa
416 Douglas Ave Suite 203
Ames, IA 50010
Phone: 515-292-9400
E-mail: namiofci@gmail.com
Website: www.namici.org
(Lisa Heddens— NAMI CI Executive Director)

NAMI Central Iowa is a local affiliate of NAMI, the National Alliance on Mental Illness, the nation's largest grassroots mental health organization dedicated to improving the lives of those affected by mental illness.

NAMI Central Iowa's primary missions are to:

- **Support** people affected by mental illness
- **Educate** the public about mental health topics
- **Advocate** for mental health concerns

To fulfill these missions, NAMI CI offers weekly support groups, monthly speakers, and yearly education classes, providing people living with mental illness and community members with information about the illnesses, their treatments, and local resources.