

WE THIRST FOR YOU, O LORD

The King of the Jews

Mark 14:1–15:47

The final week of Jesus' life was filled with activity, from his triumphal entry into Jerusalem on Sunday until his death on Friday. We remember his actions, his prayers, his trial, his sufferings, and finally his death. As Lent draws to a close, we have the opportunity to join our sorrows more deeply with him so that we, too, can rise again with him on Easter.

Today we are given the entire story of the Passion that will play

out this week. One way to enter more fully into these events is to imagine that you are present at Christ's passion. Take in the details and think about what you would have been thinking or feeling if you were present when Jesus entered into Jerusalem to be greeted by palms and "Hosannas." How would you have reacted when the woman poured precious oil on his feet? What would have been going through your

mind at the Last Supper, the Garden of Gethsemane, or the Way of the Cross? By allowing yourself to enter more fully into the experience of the Passion, Easter Sunday will become even more meaningful.

FOR REFLECTION

- › What part of the Passion narrative touches me the most deeply?
- › Can I set aside time this week to simply be in the presence of the Lord?
- › How might I more fully immerse myself in Holy Week this year?



FAMILY ACTIVITY

It is customary to color eggs for Easter in many cultures around the world. Eggs symbolize new life, and they are a wonderful reminder of the new life Christ attained for us. If you have a traditional way of coloring eggs, pass it down and keep alive the tradition. You may also find a white crayon and write the words, "Alleluia" or "He is Risen!" on the eggs before placing them in the dye. Display your finished eggs or give them as Easter gifts.



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OUR FAITH

The Suffering Servant

The Old Testament, especially the Book of Isaiah, foretold that the Messiah would have to suffer and die. During this Holy Week, look up the following Scripture passages and see how they can be applied to Jesus, the Suffering Servant of God.

- Isaiah 42 — God's servant will bring justice to the nations.
- Isaiah 49 — The words of God's servant about himself.
- Isaiah 50 — How salvation will come through the suffering of God's servant.
- Isaiah 52 — The suffering of God's servant will be the salvation of many nations and peoples.

SIGNS OF THE SEASON

Holy Week

Holy Thursday has a dual emphasis. During the liturgy, we recall the Last Supper and the First Eucharist. At the same time, we commemorate the establishment of the priesthood. As you attend Mass, be sure to pray for all the priests around the world, especially those in areas of persecution.

Good Friday is the only day of the year on which Mass is not celebrated. The special Good Friday liturgy, in its solemnity, invites us to enter deeply into the passion of Our Lord. Remember that today is a day of fasting and abstinence.

Holy Saturday is the final day of preparation for Easter. During the Easter Vigil on Holy Saturday night, new members are brought into the Church, and we celebrate the great mystery of our redemption. The Paschal candle that is lit at the Vigil is a sign of the Easter mystery.



Lenten Prayer

Unto to you, I cry, my God!

"My God, my God, why have you abandoned me?" — Psalm 22:2

Out of the depths of my sorrow, I call to you. Do not let me be forgotten, Lord, but hear and answer me.

Catechism CONNECTION

"Jesus' entry into Jerusalem manifested the coming of the kingdom that the King-Messiah was going to accomplish by the Passover of his Death and Resurrection. It is with the celebration of that entry on Palm Sunday that the Church's liturgy solemnly opens Holy Week."

— *Catechism of the Catholic Church*, 560

1st Annual Spring Training

Spring Training is a dynamic, conference-style training for catechists, youth ministry volunteers, parish staff, and anyone who is interested in learning how to share their faith.

Saturday, April 7th | St. Cecilia Church, Ames

SPEAKERS:



Tim Glemkowski



Bo Bonner



John Gaffney



Katie Patrizio



Emily Schmid



Joe Stopulos

Schedule

- 8:30 – Welcome & Prayer
- 9:00 - Keynote #1 with Tim Glemkowski
- 10:00 - Breakout Session
- 11:00 - Break
- 11:10 - Breakout Session
- 12:10 - Lunch
- 1:10 - Keynote #2 with Tim Glemkowski
- 2:10 - Adoration
- 3:00 - Closing Prayer & Dismissal

Tim Glemkowski is the founder and president of L'Alto Catholic Institute, a not-for-profit apostolate dedicated to helping parishes form disciples. He has taught high school theology and served as both a director of youth and young adult ministry and a director of evangelization and catechesis.

Tim is our keynote speaker and will also present a breakout session titled, "**Deaf Ears: Overcoming the Apathy of Generation Z**".

Bo Bonner is Director of Campus Ministry and Assistant Professor at Mercy College of Health Sciences in Des Moines. He converted to Catholicism in the midst of Protestant Seminary at Duke Divinity School, coming into the Church at Easter 2006.

Bo will be leading a breakout session titled, "**Stemming the Tide: How to Keep Your Kids Catholic**".

John Gaffney is the Director of Evangelization and Catechesis for the Diocese of Des Moines. He holds a Master's degree in adult education from Iowa State

University and a Master's degree in ministry from Creighton University and has over 20 years of experience under his belt.

John will be leading a breakout session titled, "**Defending the Faith: Basic Apologetics**".

Katie Patrizio is the Director of Faith Formation at St. Cecilia Parish and an instructor for the Catechetical Institute of the Diocese of Des Moines.

Katie will be our emcee and will also lead a breakout session titled, "**Bible 101: A Crash Course in Scripture**".

Emily Schmid is the Director of Music and Coordinator of Adult Formation at St. Pius X Parish in Urbandale. She holds a music therapy degree from the University of Kansas and a Master's degree in Infant Development and Mental Health from Arizona State University.

In addition to providing music throughout the event, Emily will be leading a breakout session titled, "**The Family That Prays Together, Stays Together: Developing a Prayer Life for the Whole Family**".

Joe Stopulos is a husband, father, and businessman. He serves as co-host of the Man Up Show on Iowa Catholic Radio and in 2015 was named a Des Moines Business Record "40 under 40" honoree.

Joe will be leading a breakout session titled, "**Ordinary Holiness: Bringing Faith to the Workplace**".

Cost is **\$20** and includes lunch

Register online at
www.springtrainingcatholic.com

Deadline to register is April 2nd