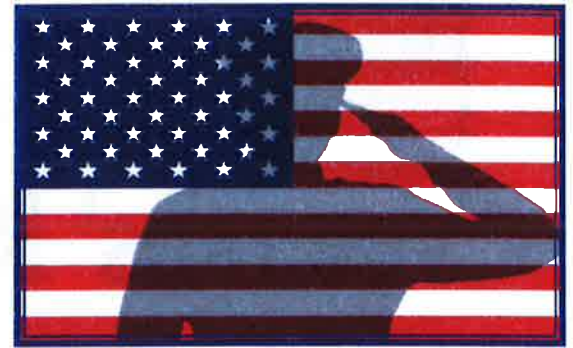


# Mayslake Ministries

## Veterans' Retreats

### Healing Programs for Military Veterans



#### Sound Familiar?

- I am having difficulty getting used to civilian life.
- I am impatient and frustrated and find myself isolating.
- I feel like God is MIA or KIA in my life.
- I cannot sleep, and when I do sleep I have frequent nightmares.
- I experience intense emotions like guilt, resentment, and anger.
- I often turn to unhealthy activities to mask my pain.
- My friends and family don't understand me. They don't "get it."

★ Mayslake Ministries offers free spiritual outreach programs to our military men and women suffering from Post-Traumatic Stress. For many soldiers, life, including their spiritual life, has been forever changed by the experience of military service, deployment, and mobilization. The Veterans' Retreat is a Christian-based program designed to help military men and women come to spiritual healing and reconciliation with God, their families and with one another. This program specifically addresses the issue of Post-Traumatic Spiritual Stress.

★ This is a two-night weekend retreat offered at no cost to veterans and their spouse or significant other (who are encouraged to attend) in a place of safety, respite and support. Retreat leader, Sr. Linda McClenahan, a veteran herself, served as a communications Sergeant in the III Corps area of Vietnam. She is now a Dominican Sister and Licensed Professional Counselor and Therapist whose ministry involves helping veterans deal with trauma. Sr. Linda is assisted by Augie Sisco, Major, USMC (Ret.), a Vietnam combat veteran. He is the assistant director for our Vet's Ministry.



Dr. Mary Amore  
Executive Director  
718 Ogden Ave.  
Suite 200  
Downers Grove, IL 60515  
630-852-9000  
[www.mayslakeministries.org](http://www.mayslakeministries.org)

Mayslake Ministries is a lay-based not-for-profit spiritual center founded in the Franciscan tradition. Our mission is to meet the spiritual needs of people when and wherever the need arises. We transcend invisible lines of parish church and diocese to reach out to all who seek to deepen their relationship with Jesus Christ through retreats, spiritual direction and adult faith formation programs.

## Coming Home

### 2017 Retreat Dates

**April 21-23**

**July 14-16 (Part II)**  
Cardinal Stritch Retreat House  
Mundelein, IL

**August 25-27**

**Sept. 22-24 (Part II)**  
American Martyrs Retreat House  
Cedar Falls, IA

**October 20-22**

Sienna Center  
Racine, WI

#### What you can Expect:

- A Safe, secure environment
- Being with others who "get it"
- Time and processes to reconnect with God
- New insights and understandings of your own unique experience

#### For All Retreats:

##### TIME:

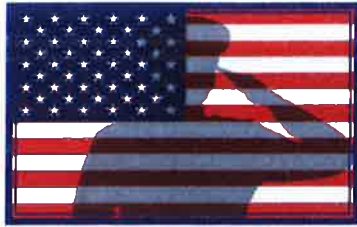
6 pm Friday through noon Sunday  
(Check in after 4pm)

##### FACILITATORS:

Sr. Linda McClenahan and  
Augie Sisco

##### COST:

Free (\$25 refundable registration fee)



# Registration Form

Completed registration from along with refundable \$25 registration fee must be received before you will be registered for the retreat.

## Veterans' Retreats

The retreat is FREE. We ask for a \$25 registration fee per person which is refunded to you upon attendance at the retreat. You must complete and return this form along with a \$25 per person refundable registration fee before you will be registered for a particular retreat.

- April 21-23 Cardinal Stritch Retreat House Mundelein, IL**
- July 14-16 (Part II) Cardinal Stritch Retreat House**
- August 25-27 American Martyrs Retreat House Cedar Falls, IA**
- September 22-24 (Part II) American Martyrs Retreat House**
- October 20-22 Sienna Center, Racine, WI**

Name of Veteran: \_\_\_\_\_

Name of spouse, significant other or caregiver if applicable: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_

State/Zip: \_\_\_\_\_

Phone: \_\_\_\_\_

Cell Phone: \_\_\_\_\_

Email: \_\_\_\_\_

Branch of Service: \_\_\_\_\_

Years of Service e.g. 2010-2015: \_\_\_\_\_

Medications: \_\_\_\_\_

Emergency Contact (name / number): \_\_\_\_\_

### THREE WAYS TO REGISTER:

**Online:** Paypal [www.mayslakeministries.org](http://www.mayslakeministries.org)  
**Phone:** 630-852-9000 — credit card  
**Mail:** Return this completed form with check  
 Mayslake Ministires  
 718 Ogden Ave.  
 Downers Grove, IL 60515

Amount of Payment: \_\_\_\_\_

Payment method:

Check Enclosed

Credit Card

CC # \_\_\_\_\_

Exp. Date: \_\_\_\_\_ Sec. Code: \_\_\_\_\_

Name on Card: \_\_\_\_\_

Signature: \_\_\_\_\_





The Daughters of Divine Love Congregation is an international Order of Religious woman, founded in Nigeria in July 1969 by Late Bishop Godfrey MaryPaul Okoye. The congregation is of Pontifical Right and has over 900 professed members. Our Formation house is blessed with many vocations: Aspirants, Postulants and Novices.

The Sisters are engaged in variety of apostolate in different parts of the world, including United States of America, Cuba, Jamaica, Haiti, Germany, England, Italy, Switzerland, Australia, France, Belgium, Nigeria, Chad, Gabon, Cameroon, Mali and Kenya. We minister in all walks of life where manifestation of God's love is needed.



#### **Our apostolates include:**

- Working among the very poor of our society: the rejected, the homeless, challenged children and adults in homes and in the streets, homes for battered women and children, babies affected by drugs.
- School work: as Principals, Teachers, Teacher-aids, Counselors and Caretakers.
- Hospital work: as Doctors, Nurses, Administrators, Pharmacists, Chaplains and Caring services.
- Parish Apostolate: Pastor-assistants, Director of Religious Education, Eucharistic ministers, CCD and RCIA teachers.
- Youth ministries in parishes and schools

Our source of income is very limited to stipends, donations and appeal fund. We really need your help in order to continue these apostolate, especially in Cuba, Jamaica, Haiti and African countries.

We also need fund to enable us:

- Maintain and train the novices and postulants in our formation houses in preparation for active apostolate.
- To embark on a self-help farm project for the novices, to enable them produce some of the food they need and for the poor around them.
- Give adequate training and education to our sisters to prepare them for these apostolates.

We do great works in different places but it wouldn't be possible without help from God's people around us. Their generous gifts enable us to continue sowing the seed of Divine Love all over the world, among all God's children.

Be assured of our prayers for you, your ministry and all your loved ones.