

Once Upon a Walk for Life



A note from the Executive Director

Every person that walks through our door has a different story: a single woman who is hurting and alone; a mom of beautiful children that still feels the ache of a past abortion; a young man who fears for the life of his unborn child.

At each Informed Choices Medical Clinic, our efforts help clients see a brand new story for their lives. Our ultrasound ministry reveals a new story that is just waiting to be written. Our abortion recovery classes bring resolution through the healing of past wounds. Our education and support programs provide physical and practical help for success. Most importantly, we get to share THE greatest story of all, about a Savior who loves them and has a distinct purpose for their lives.

Informed Choices has a unique story as well, and we depend on our supporters to keep it going. We need people from all walks of life to come together and help us continue to offer hope to others, story by story, life by life.

Will you be a part of this chapter and join us in our 2017 Walk for Life? By promoting this event at church and encouraging team-building participants, you are helping us greatly increase our services in your area. Because of you, we can finish this chapter with a "to be continued..."

Ready for the Journey,

2017

Walk for Life

Saturday, June 3rd

Brookside Park

Maple Shelter

7:30 am to 10:30 am

Pancake Breakfast

8:30 am Check-In

9:00 am Walk Begins



2017 WALK FOR LIFE

Teamwork

That's what it takes to run five Informed Choices Clinics, and it is certainly needed to have five successful *Walk for Life* fundraising events, too! It doesn't stop there. It takes a TEAM of volunteers, walkers, and sponsors to really make an impact in our communities through making these needed clinic services available.

This year, we want to turn *teamwork* into *teamfun* by encouraging everyone to create or join a team for the *Walk*. Why a team? We've found that when effort, accountability, and fun are combined, we can accomplish much more than we can as individuals.

Every mile, every dollar, and every person can make a huge difference!



Invite + Invest = TEAM

INVITE

Find others in your sphere of relationships that would love to get behind this opportunity to raise awareness and funds for our life-affirming clinics. A casual invitation to family, friends, or church groups is a great way to start building a team. We suggest teams of 10, but of course, any size is fine.

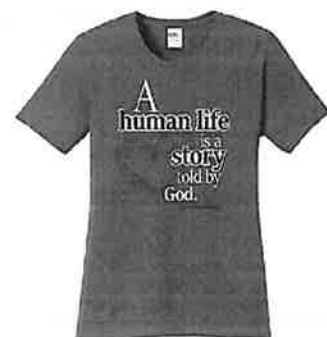
INVEST

We want to make fundraising as easy as possible for each walker, so **we suggest a goal of \$100 or more**. It's rewarding to know that every dollar (and every mile) has a positive effect on your local clinic and is a direct investment into each client we see.

GO TEAM!

You may register teams and individuals online at IowaWalkForLife.org or by calling **319-358-1006**. By registering online, you automatically have access to social media tools to help with fundraising—email templates, and Facebook or Twitter posts. Paper registration is also available. Bring your sponsor pledge form(s) with you on the day of the *Walk for Life*.

Anyone that raises \$100 or more gets this cool shirt!



2017 St. Cecilia Catholic School Board—The Candidates

These are the candidates running for two (2) openings for the **Catholic School Board**. Election to be held at all Masses next weekend. The people that are elected will served for a three (3) year term. You will be asked to vote for NO MORE THAN two (2) of the candidates.

KARI KELLEN



REASON FOR RUNNING: We moved to Ames from Nevada 8 years ago so our oldest child could attend kindergarten at St. Cecilia's school. My husband and I have been so blessed to have our children attend St. Cecilia's where they not only have received an excellent education, but their faith in Jesus has grown both at home and at school. Our two oldest sons Sam and Henry are St. Cecilia graduates and are now at Ames Middle School. Luke is in kindergarten and our two youngest daughters Clara and Amelia (4 & 2) are future St. Cecilia students. I am running for school board as I desire to give back to a school that has meant/given so much to my family.

LENGTH OF TIME IN PARISH: 8 years

PARISH LIFE INVOLVEMENT: During my years as a St. Cecilia parent I have been a homeroom parent, volunteered with St. Cecilia Gala, mileage club and various school events including the 5th grade class trip. I currently volunteer with St. Cecilia's meal ministry. I was a catechist for Children's Liturgy and have been a Eucharistic Minister of Holy Communion. Prior to St. Cecilia's, my husband and I were members of St. Patrick's in Nevada and were in involved with Youth Ministry and chaperoned a youth trip to Catholic Heart Work Camp in Jackson Mississippi. I sang in the choir and helped plan intergenerational faith formation events.

FAITH FORMATION EXPERIENCE:

- | | | |
|--|--|--|
| <input checked="" type="checkbox"/> Adults | <input checked="" type="checkbox"/> Adolescents | <input type="checkbox"/> Persons with Disabilities |
| <input checked="" type="checkbox"/> Family | <input checked="" type="checkbox"/> Children of Catechetical Age | <input checked="" type="checkbox"/> Catholic Schools |
| <input type="checkbox"/> Young Adults | <input checked="" type="checkbox"/> Early Childhood | |

PERSONAL INFORMATION: I graduated from Iowa State in 1999 with a Bachelor of Science in Dietetics. I have worked at the Iowa Veterans Home as a clinical dietitian for the past 17 years. I enjoy the outdoors, especially running and camping.

COLIN MURPHY



REASON FOR RUNNING: I will be focused on investing in teaching and learning so that St. Cecilia becomes the first choice for K-5 education in the Ames community and surrounding areas. I will work toward raising the bar to increase student achievement and ensure academic excellence. I will also strive to maximize the value of Catholic education for St. Cecilia families.

LENGTH OF TIME IN PARISH: 2 1/2 years

PARISH LIFE INVOLVEMENT: My wife, Kelly, and I are the proud parents of two boys who attend St. Cecilia School. Finnegan (2nd grade) and Gavin (K).

FAITH FORMATION EXPERIENCE:

- | | | |
|---------------------------------------|---|--|
| <input type="checkbox"/> Adults | <input type="checkbox"/> Adolescents | <input type="checkbox"/> Persons with Disabilities |
| <input type="checkbox"/> Family | <input type="checkbox"/> Children of Catechetical Age | <input checked="" type="checkbox"/> Catholic Schools |
| <input type="checkbox"/> Young Adults | <input type="checkbox"/> Early Childhood | |

PERSONAL INFORMATION: I attended Catholic schools in Des Moines (St. Augustin) and graduated from Dowling Catholic High School. I received my BA from Grinnell College and a J.D. with Honors from Drake Law School. After 15 years of private legal practice, I started a second career in financial services and currently work as a financial advisor with Greater Iowa Credit Union. I am involved with the Knights of Columbus and Ames Soccer Club.

2017 St. Cecilia Faith Formation Commission—The Candidates

These are the candidates running for two (2) openings for the **Faith Formation Commission**. Election to be held at all Masses next weekend. The people that are elected will serve for a three (3) year term. You will be asked to vote for NO MORE THAN two (2) of the candidates.

MELISSA BOWKER



REASON FOR RUNNING: I would love to have the opportunity to put a voice to so many young families in our parish that are struggling to find their own voice in our parish.

LENGTH OF TIME IN PARISH: 2 years

PARISH LIFE INVOLVEMENT: I grew up in Ames and have received my own First Communion and Confirmation at St. Cecilia (Baptized at STA). All 3 of our children have been baptized at St. Cecilia and our oldest is about to receive his First Communion here in a few days.

FAITH FORMATION EXPERIENCE:

- | | | |
|--|--|--|
| <input checked="" type="checkbox"/> Adults | <input checked="" type="checkbox"/> Adolescents | <input type="checkbox"/> Persons with Disabilities |
| <input checked="" type="checkbox"/> Family | <input checked="" type="checkbox"/> Children of Catechetical Age | <input checked="" type="checkbox"/> Catholic Schools |
| <input checked="" type="checkbox"/> Young Adults | <input checked="" type="checkbox"/> Early Childhood | |

PERSONAL INFORMATION: Originally from Ames (and a lifelong member of Saint Cecilia Church), I got my start working in kitchens at Aunt Maudes in the late 90s, which began my career (and education) in restaurants. I received a specialty baking and pastry degree in Seattle in early 2000, and I have dedicated my career to producing high quality desserts and sweets for the past 2 decades. I am now focusing my energy on growing my own custom baking business. I have 3 kids, Owen (2nd grade at St. Cecilia); Wyatt (preschool at St. Cecilia) and Margaret (2 in April). My husband, Jeremy, is a chef for Iowa State. As a family we love getting outside (hiking and camping in National and State Parks), watching the Cubs play and cooking (eating).

SARAH MANSELL



REASON FOR RUNNING: We have lived in Ames for less than two years and St. Cecilia has provided numerous opportunities for connections in our new home. I appreciate the opportunity to contribute in this way. As a parent of young children, I am looking forward to many years of involvement in several aspects of Faith Formation. By serving on the FFC, I hope to gain insight and perspective into all of its programs, and how to reach a greater segment of our community. I believe it is important to connect with a diverse audience to keep individuals engaged and contribute to the growth and progress of our parish. In the last year, I have met many wonderful people through the Meals Ministry. Facilitating these services and volunteers has reminded me of the importance of building relationships through small, simple acts of love.

LENGTH OF TIME IN PARISH: 2 years

PARISH LIFE INVOLVEMENT: My children and I have attended many sessions of playgroup and I have coordinated the Meals Ministry for the last year.

FAITH FORMATION EXPERIENCE:

- | | | |
|---------------------------------------|---|--|
| <input type="checkbox"/> Adults | <input type="checkbox"/> Adolescents | <input type="checkbox"/> Persons with Disabilities |
| <input type="checkbox"/> Family | <input type="checkbox"/> Children of Catechetical Age | <input type="checkbox"/> Catholic Schools |
| <input type="checkbox"/> Young Adults | <input type="checkbox"/> Early Childhood | |

PERSONAL INFORMATION: Born in Massachusetts and always missing the ocean; love to read, play board games, cook, bake and can; learning to embrace the joys and challenges of gardening and homeownership.

2017 St. Cecilia Pastoral Council—The Candidates

These are the candidates running for three (3) openings for the **Pastoral Council. Election** to be held at all Masses next weekend. The people that are elected will served for a three (3) year term. You will be asked to vote for NO MORE THAN three (3) of the candidates.

RENO BERG



REASON FOR RUNNING: It would be my honor and privilege to serve on the parish council and to help further the good work at the church in our parish and the greater community. Retired as CEO at Mainstream Living in 2013. I had the opportunity to manage an \$18million budget, serve 500 persons with disabilities daily and employed 570 people in a four-county area in central Iowa. Having held this position for 36 years. I developed budget management skills, strategic planning and human resources skills which I can bring to the parish council.

LENGTH OF TIME IN PARISH: 39 years

PARISH LIFE INVOLVEMENT: I am a lifetime member of the Knights of Columbus and participate weekly in Eucharistic Adoration

FAITH FORMATION EXPERIENCE:

Adults Adolescents Persons with Disabilities
 Family Children of Catechetical Age Catholic Schools
 Young Adults Early Childhood

PERSONAL INFORMATION: I have been married to Jan for 46 years and we have 3 children and 11 grandchildren. All three of our kids attended St. Cecilia school. I enjoy fishing, reading and following grandkids activities.

KATE HARTZLER



REASONS FOR RUNNING: I am running for the pastoral council so that I can become more familiar with things that are happening in the church. I feel like I have a skill set that would compliment this committee. I am a leader, a listener, a hard worker and a team player. I have experience working with many groups to make decisions.

LENGTH OF TIME IN PARISH: 15 years

PARISH LIFE INVOLVEMENT: In the past, I have taught religious education classes, helped volunteer with Life Teen activities, been a greeter, and a Eucharistic Minister.

FAITH FORMATION EXPERIENCE:

Adults X Adolescents Persons with Disabilities
 Family X Children of Catechetical Age Catholic Schools
X Young Adults Early Childhood

PERSONAL INFORMATION: I feel my 15 years in the parish has given me some experience in observing, from the outside, the workings of the church. As a building principal, I work with many groups that all are working for the same goal; the success of students. I look forward to being a part of decisions that make St. Cecilia successful and moving forward knowing we want to continue to be progressive as a church group and building. I would be honored to have this opportunity.

Additional candidate listed on reverse side

St. Cecilia Pastoral Council —The Candidates

These are the candidates running for three (3) openings for the **Pastoral Council Election** to be held at all Masses next weekend. The people that are elected will served for a three (3) year term. You will be asked to vote for NO MORE THAN three (3) of the candidates.

MATT THATCHER



REASON FOR RUNNING: I am welcoming the opportunity to serve Saint Cecilia parish as a member of Pastoral Council. My family is incredibly thankful for the many ways that the Saint Cecilia parish community has positively impacted our lives since our move to Ames over thirteen years ago. My wife, Diana, and I have worked hard to provide a living example to our four children of the impact that we can have through volunteering and sharing our time and talents. We have greatly valued the opportunities our family has had for faith formation, especially through the elementary school and faith formation programs. We, as members of the Body of Christ, the Church, are all called to serve one another, and I view serving on Pastoral Council as potentially a great way to answer that calling.

LENGTH OF TIME IN PARISH: 13+ years

PARISH LIFE INVOLVEMENT: I have been a volunteer at Saint Cecilia School in a number of different ways through the 13 years that my children have attended. My wife and I have been involved with the Saint Cecilia Gala since its beginning and were co-chairs of the event in 2014 and 2015. I have served as a middle school Faith Formation Catechist and have also served as Greeters & Ushers for the church.

FAITH FORMATION EXPERIENCE:

<input type="checkbox"/> Adults	<input checked="" type="checkbox"/> Adolescents	<input type="checkbox"/> Persons with Disabilities
<input type="checkbox"/> Family	<input checked="" type="checkbox"/> Children of Catechetical Age	<input type="checkbox"/> Catholic Schools
<input type="checkbox"/> Young Adults	<input type="checkbox"/> Early Childhood	

PERSONAL INFORMATION: My wife, Diana, and I have 4 children: Andrew, Hannah, Mary and Sarah. All of our children have attended Saint Cecilia School and participated in faith formation programs. I am a graduate of Iowa State University with a B.S. degree in Chemical Engineering and I have worked for 3M Company for 19 years. I enjoy spending time with family and friends, cheering on kids at their sporting events, traveling, hiking and spending time outdoors in a multitude of other ways. I am particularly interested in helping to make progress on projects – working with others to get things done.
