



The Catholic Church has **seven principles of Catholic Social Teaching**. The Social Justice Committee at St. Cecilia's Parish has decided to share these with you through our quarterly newsletter. In this issue we center on **Principle 4—Option for the Poor and Vulnerable**



UNITED STATES CONFERENCE OF CATHOLIC BISHOPS

A Committee of St. Cecilia's Catholic Church

Appalachia Warehouse to Join with Overflow Thrift Store in Ames

In 1968 the Appalachia Committee was established by Joe and Lois Johanns. This was after a group of Christian Family Movement (CFM) members went to Kentucky to help with a mission project for the School Sisters of St. Francis (SSSF) who were helping the people in the community. They met many families in Kentucky that were in need of clothing and household goods. The word spread in Iowa and other states and donations came in from near and far! These items were stored in the Johanns' garage; sorted, boxed and sent to the Friendship Center, Williamsburg, Kentucky. The work continued and eventually a warehouse at 2019 Pullman in Ames was purchased. Over the years, many St. Cecilia and St. Thomas parishioners have helped at the Appalachia Warehouse and with service trips to Kentucky. We thank all of you!



(Pictured with the founder of the Friendship Center, Sr. Noelle LeClaire (far right), and Sr. Leanne Herda (far left) who worked as a county nurse for decades with the mountain people of Kentucky, are Terry and Lynn Franco—picture taken at the SSSF Motherhouse in Milwaukee, WI—Sept. 2015.)



Overflow Thrift Store is a non-profit thrift store in Ames that was started by three individuals from the community. It was opened in 2014. It is run by volunteers and all the profits go to supporting ministries that are serving orphans, widows and other vulnerable people around the world. It is located at 202 South Duff, Ames.

<http://www.overflowthriftstore.org/>

The **board of the Appalachia Warehouse** in Ames has been meeting with the **Overflow Thrift Store board** in Ames. After much prayer and many meetings it was decided to join forces to help those in need around the world and in Kentucky. The Appalachia Committee will be a committee of Overflow. The Appalachia Warehouse will be used for Overflow storage (as well as storage for other non-profit organizations in Ames). Overflow will budget for service trips to Kentucky so that mission can continue. They will also take over expenses associated with the warehouse. Some of the current board members of the Appalachia Committee will be a part of the Overflow board.

The Appalachia Warehouse will no longer be accepting household items and clothing at 2019 Pullman. If you'd like to contribute items, they should now be taken to Overflow Thrift Store, 202 South Duff, Saturday 10 am-4 pm

Social Justice Contacts

ALTERNATIVE GIFT MARKET -
1-800-842-2243 **STC Contact:**
Cynthia Shriver 292-6584

AMOS STC - Contact: Mary Ross
232-5080

APPALACHIA/OVERFLOW -
202 So. Duff, Ames. **STC Contact:**
Lynn Franco 232-0898

BIRTHRIGHT OF AMES -
108 Hayward Ave., Suite 202, Ames
515-292-8414. **STC Contact:**
Kriss Holmes 515-292-8414

CATHOLIC DAUGHTERS OF THE
AMERICAS - STC Contact:
(To Be Determined)

EMERGENCY RESIDENCE
PROJECT - STC Contact: Julie Haas
232-7138

FOOD AT FIRST - 611 Clark Ave.,
Ames. 515-344-4357 **STC Contact:**
Doreen Berg 956-3414

GABRIEL PROJECT- STC Contact:
Beth Dahlke 460-0403

GOOD NEIGHBOR EMERGENCY
ASSISTANCE, INC. - 613 Clark Ave.,
Ames 515-296-1449 **STC Contact:**
Phyllis Craig 291-1106

HOME FOR AWHILE STC Contact:
Mary Ross 232-5080

MEALS ON WHEELS (Homeward) -
1114 S. Duff, Ames. **STC Contact:**
Cathy Kaspar 233-0517

OPERATION RICE BOWL - STC
Contact: Cynthia Shriver 292-6584

PRISON MINISTRY - STC Contact:
Barb Moore (515) 337-1551

SAINT CECILIA SOCIAL JUSTICE
COMMITTEE. STC Contact:
Mary Ross 232-5080

SANCTITY OF HUMAN LIFE, STC
Contact: Garland Dahlke 460-0403

The Social Justice Committee meets on the third Monday of each month at 7:00 p.m. in the Sunroom. Everyone is welcome to attend.

NEWS FROM St. Cecilia's Sanctity of Human Life

*We celebrated **Natural Family Planning Month** in July with an informational table in the Narthex and promotional video. We worked in conjunction with Deacon Ron Smith for families working to embrace God's way for family planning and were supported by SOHL baby-sitters for a presentation in October by Adam Storey of the Family Life office, Des Moines Diocese.

*Having an **NFP or DateNight** event? SOHL can help with babysitting. Contact: Garland Dahlke 515-460-0403.

*More people are interested in helping our **Respect Life** ministries since Planned Parenthood's practice following late term abortion, in some areas of the country, selling parts of the aborted fetus to medical research firms.

*The **Annual Life Chain on Campus** this October was a wonderful prayerful witness for life and God's healing love, held on ISU campus in conjunction with the Students for Life.

*Many of us celebrated in October 1,000 birthdays with the **Informed Choices Medical** (pro life) clinic of Ames annual banquet. The clinics have helped to save 1,000 Mothers, Fathers, and Children the unspoken pain of abortion in Iowa since their opening in 2007. Thank you to Carol Nelson for being STC liaison for Informed Choices.

Upcoming Events:

*January 23, 2016 will be our annual **Soup Supper/Movie Night** with the Knights of Columbus after Mass in the Social Hall. Feature Film TBA! Watch bulletin for details.

Certified NFP instructor Nanette Horton of STA to present introductory talk on Natural Family Planning: **Give Me The Basics** (the weekend of January 16-17, 2016). Check bulletin for details.

Nationally known founder of **Project Rachel**, Vickie Thorne, to come to Ames fall of 2016!

Other News:

* **Gabriel Project**—Welcome our newest Angel, Traci Hess of Ames. Traci brings a love of expectant Mother's in her big heart and has already helped a Mom move and deliver her baby all in a matter of about a month!! Miracle of Life.

* **Bus Ads**— on CyRide reach numerous Mom's on campus thanks to the financial support of the Knights, Social Justice and SOHL committees.