



The demand for food at the MICA (Mid-Iowa Community Action) Food Pantry has increased. As you may know, the St. Cecilia Social Justice Committee has a **Shop +1** program. When you shop, we ask you to buy **one more non-perishable item** to donate to the MICA Food Pantry. If you bring those items to church on the food collection weekends (see below), we will bring them to the food pantry for you. You may, of course, bring them to the food pantry yourself if you wish:

**MICA Food Pantry: 515-956-3333; 230 SE 16<sup>th</sup> ST, #101, Ames**

**Items suggested for the food pantry** include canned vegetables and fruit, peanut butter, tuna, canned meat, baby food, packaged shelf-stable main meals, pasta, spaghetti sauce and cereal. Also needed are non-food items such as laundry detergent, dish soap, disposable diapers, baby wipes, paper towels, Kleenex and toilet paper.

**Good Samaritan food collection weekends at St. Cecilia Church are held on the third full weekend of the month:**

**October 18/19, 2014**  
**November 15/16, 2014**  
**December 20/21, 2014**  
**January 17/18, 2015**

**February 21/22, 2015**  
**March 21/22, 2015**  
**April 18/19, 2015**  
**May 16/17, 2015**

Thank you for remembering those in need every time you shop!

- St. Cecilia Social Justice Committee

Tote bags donated by **Wheatfield Cooperative and ALDI.**

LIFE TEEN WELCOMES YOU  
TO A

# FUND RAISING ITALIAN BUFFET

Featuring:  
Fresh Salad Bar,  
Spaghetti and Homemade  
Dessert Bar including  
New York Cheesecake  
and Scrumptious  
Toppings

**SUGGESTED  
DONATIONS**

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**\$20 FAMILY  
OF FIVE OR MORE**

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**\$5 PER  
PERSON**

After 5:00 PM Mass

Saturday October 25th, 2014

Location: St. Cecilia Social Hall

Donations help teens who need financial assistance to  
attend upcoming Youth Ministry Trips and  
Conferences

No reservations needed. All are welcome!

Contact the Faith Formation Office ahead of time for "To Go Orders."

# AGAPE

THRILLER MASQUERADE

*Black's Heritage Farm*

**Thursday, October 23, 6-8:30pm | 26156 530th Ave**

Thriller Masquerade is an 80's Costume Party. Please arrive wearing a mask for our opening game Grand Prizes for the Best Moonwalk, 80's Rock Costume, Cupcake Eating Contest & Highest Score in our Live Pac-Man, followed by dancing & witness talks.

Hosted by Totus Tuus & Life Teen Core

Agape is a ministry of Life Teen for high school students.  
8th graders, young adults & Life Teen alumni are welcome!

Please RSVP at [tinyurl.com/LFLYDE5](http://tinyurl.com/LFLYDE5)

#LoveAwakes

**LIFE**  **TEEN**  
Closely Following Christ Closer to Christ. ®

# Defending the Dignity of those with Dementia

## *Making Sense*

*Out of Bioethics*

*Fr. Tad Pacholczyk*



I once heard a remarkable story from a woman named Cecilia sitting next to me on a long flight. She told me how her mother had suffered from dementia for many years, eventually reaching the point that she could no longer recognize any of her children when they would visit at the nursing home. She then changed the tone of the conversation immediately when she added, "But there's always someone in there." When I asked what she meant, she continued:

"I love singing, and as an African-American, I've got a strong voice. I sometimes visit nursing homes near my house just to sing for the patients, to do something different and break up their routine a little. I still remember 12 years ago, I decided I would sing for my Mom. She didn't have a clue who I was, and didn't respond to much of anything, because the dementia was so advanced. She seemed almost catatonic. By chance I had come across one of her old hymnals with the Baptist songs we used to sing in church as kids. She used to know most of them by heart. Well, those old hymns stirred up something inside her, and after I started singing, she suddenly picked up and began to sing along with me! Yup, there's always someone in there."

Cecilia's story about her mother runs against a cultural tendency today, which is to dismiss those struggling with dementia as if they were no longer persons. These patients, however, clearly deserve much more from us than the kind of benign neglect (or worse) that they occasionally receive.

Many of us fear a diagnosis of dementia. We worry about "surrendering our core" or "losing our true self" to the disease. Many of us wonder how our loved ones would treat us under such circumstances.

Steven Sabat, writing in *The Journal of Clinical Ethics*, challenges the reduced expectations for quality care for those with dementia:

“Is his or her personhood recognized and supported, or neglected in favor of the assumption that it barely, if at all, exists...do we assume that the afflicted rarely if ever recognizes the need for company, for stimulation, for the same sort of treatment he or she would seek and be given as a matter of course in earlier, healthier, days?”

Sometimes we may view the situation more from our own vantage point, rather than the patient's. In a report on care for the elderly, physicians Bernard Lo and Laurie Dornbrand put it this way: “Family members and health professionals sometimes project their own feelings onto the patient. Life situations that would be intolerable to young healthy people may be [made] acceptable to older debilitated patients.”

Sabat notes how this raises the prospect of reducing the patient to a kind of object:

“The dementia sufferer is not treated as a person; that is, as one who is an autonomous center of life. Instead, he or she is treated in some respects as a lump of dead matter, to be measured, pushed around, manipulated, drained, filled, dumped, etc.”

The medical profession in particular faces a unique responsibility towards each individual with dementia, a duty to approach each life, especially in its most fragile (and uncooperative) moments, with compassion, patience and attention. When our ability to think rationally or choose freely becomes clouded or even eliminated by dementia, we still remain at root the kind of creature who is rational and free, and the bearer of inalienable human dignity. We never change from one kind of being into another. Parents who have children born with a serious birth defect or behavioral problem would never suggest that their defect or impediment transforms them into another kind of being, into an animal or a pet. It never renders them “subhuman,” even though their behaviors, like those of advanced dementia patients, may at times be frustrating and very hard to bear. As Cecilia reminded me on the plane, “there's always someone in there.”

Pope John Paul II in a beautiful passage from *Evangelium Vitae (On the Gospel of Life)* speaks of “the God of life, who has created every individual as a ‘wonder.’” We are called to foster an outlook that “does not give in to discouragement when confronted by those who are sick, suffering, outcast or at death's door.” Those suffering from dementia challenge us in a particular way towards the beautiful, and at times heroic, response of love, “perceiving in the face of every person a call to encounter, dialogue and solidarity.”

*Rev. Tadeusz Pacholczyk, Ph.D. earned his doctorate in neuroscience from Yale and did post-doctoral work at Harvard. He is a priest of the diocese of Fall River, MA, and serves as the Director of Education at The National Catholic Bioethics Center in Philadelphia. See [www.ncbcenter.org](http://www.ncbcenter.org)*

Reprinted with permission from *Making Sense Out of Bioethics* Column #064 for October 1, 2010.



# Our Faith, Our Children, Our Future

## School Tuition Organization

[www.OurFaithSTO.org](http://www.OurFaithSTO.org)



In 2014, the amount of School Tuition Organization tax credits increased, allowing the Our Faith STO to expand our goal from \$ 4.2 million to almost \$ 5.7 million!

**HELP US REACH  
OUR 2014 GOAL OF**

**\$5,697,329**

lowa taxpayers, who contribute to the STO receive an Iowa tax credit equal to 65% of their contribution. The amount you contribute also qualifies as a charitable donation on your federal tax return. To date, donors to our STO have saved more than \$ 17 million on their Iowa Income Taxes. Additionally, C and S corporations, LLC's, estates and trusts that file an Iowa tax return can also take advantage of this tax credit program.

[www.OurFaithSTO.org](http://www.OurFaithSTO.org)



# Our Faith, Our Children, Our Future School Tuition Organization

PO Box 479 Dubuque, IA 52004  
www.OurFaithSTO.org

## 2014 Donor Form

Taxpayer Name: \_\_\_\_\_ SSN (required): \_\_\_\_\_

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City: \_\_\_\_\_ State: \_\_\_\_\_ Zip Code: \_\_\_\_\_ Daytime Phone: \_\_\_\_\_

Total Gift Amount: \$ \_\_\_\_\_ Signature: \_\_\_\_\_ Date: \_\_\_\_\_

\*As you wish it to appear in the Annual Report.  Check here if you wish to remain anonymous Email: \_\_\_\_\_

**Gift Fulfillment:** (If you wish to make a recurring contribution by EFT or Credit Card, please visit our website at www.OurFaithSTO.org)

My Check is enclosed. (Payable to *Our Faith, Our Children, Our Future STO*)

I authorize *Our Faith, Our Children, Our Future STO* to charge my:  MasterCard  Visa  Discover  American Express

Amount: \$ \_\_\_\_\_ Card #: \_\_\_\_\_ Exp Date: \_\_\_\_\_ CSV#: \_\_\_\_\_

I plan to give stock (Please visit www.OurFaithSTO.org to download instructions and include Attachment II from those instructions with this form.)

### **Please apply my gift to (check one):**

The Contributor hereby directs that 100% of this contribution be deposited in the STO's unrestricted fund to be used for tuition assistance for qualifying students at all STO schools.

The Contributor hereby directs that 50% of this contribution be used to provide tuition assistance to students attending school(s)/system(s) marked below. (Unless you have marked the anonymous box above your name and the amount of your donation that was restricted will be shared with the administrator of the school(s) checked below.)

### **Restricted Contribution:**

Please check school(s)/system(s) for restricted contribution (if more than one school/system is selected, the restricted portion will be evenly divided):

- |  |  |  |
|--|--|--|
| <input type="checkbox"/> 1. Ames: St. Cecilia                          | <input type="checkbox"/> 15. Decorah: St. Benedict                     | <input type="checkbox"/> 29. Marshalltown: St. Francis               |
| <input type="checkbox"/> 2. Anamosa: St. Patrick                       | <input type="checkbox"/> 16. Dubuque: Holy Family                      | <input type="checkbox"/> 30. Mason City: Newman Catholic System      |
| <input type="checkbox"/> 3. Bellevue: Marquette Catholic School System | <input type="checkbox"/> 17. Dyersville: St. Francis Xavier            | <input type="checkbox"/> 31. Monticello: Sacred Heart                |
| <input type="checkbox"/> 4. Calmar, Spillville: C/F/S Consolidated     | <input type="checkbox"/> 18. Dyersville: Beckman MS/HS                 | <input type="checkbox"/> 32. New Hampton: St. Joseph                 |
| <input type="checkbox"/> 5. Cascade: Aquin                             | <input type="checkbox"/> 19. Farley, Epworth, Peosta: Seton Catholic   | <input type="checkbox"/> 33. Oelwein: Sacred Heart                   |
| <input type="checkbox"/> 6. Cedar Falls: St. Patrick                   | <input type="checkbox"/> 20. Gilbertville, Raymond: Bosco System       | <input type="checkbox"/> 35. Ossian: St. Francis DeSales             |
| <input type="checkbox"/> 7. Cedar Rapids: All Saints                   | <input type="checkbox"/> 21. Guttenberg: St. Mary                      | <input type="checkbox"/> 36. Protivin: Trinity Catholic              |
| <input type="checkbox"/> 8. Cedar Rapids: Holy Family                  | <input type="checkbox"/> 22. New Vienna, Petersburg: Hennessy Catholic | <input type="checkbox"/> 37. Waterloo: Cedar Valley Catholic Schools |
| <input type="checkbox"/> 9. Cedar Rapids: St. Matthew                  | <input type="checkbox"/> 23. Holy Cross, Luxemburg: LaSalle Catholic   | <input type="checkbox"/> 38. Waukon: St. Patrick                     |
| <input type="checkbox"/> 10. Cedar Rapids: St. Pius X                  | <input type="checkbox"/> 24. Independence: St. John                    | <input type="checkbox"/> 39. Waverly: St. Paul's Lutheran School     |
| <input type="checkbox"/> 11. Cedar Rapids: Regis MS                    | <input type="checkbox"/> 25. Jesup: St. Athanasius                     | <input type="checkbox"/> 40. Webster City: St. Thomas Aquinas        |
| <input type="checkbox"/> 12. Cedar Rapids: Xavier HS                   | <input type="checkbox"/> 26. Manchester: St. Mary                      | <input type="checkbox"/> 41. Worthington: St. Paul                   |
| <input type="checkbox"/> 13. Charles City: Immaculate Conception       | <input type="checkbox"/> 27. Maquoketa: Sacred Heart                   |  |
| <input type="checkbox"/> 14. Cresco: Notre Dame                        | <input type="checkbox"/> 28. Marion: St. Joseph                        |  |

It is important to note that donor requested restrictions to specific school(s)/system(s) are subject to the following STO regulations. Up to 50% of gifts may be restricted to school(s)/system(s) as designated. The Contributor understands and agrees that if a school/system designated for a restricted contribution does not have one or more students who are eligible to receive tuition assistance under the law's requirements or all eligible students have received the maximum assistance set by the STO board so as to permit for the full use of the requested contribution, the contribution, or the unused portion thereof, will be used for tuition assistance for qualifying students at any of the STO schools/systems. There are no appeals.

Mail your contribution with this completed form to:

**Our Faith, Our Children, Our Future STO**  
**P.O. Box 479 • Dubuque, Iowa 52004-0479**

- Tax credits are awarded on a first come, first serve basis.
- Contributions must be postmarked by December 31, 2014 to be eligible for a 2014 tax credit.
- In the event the tax credit limit has been reached when this gift is received, your gift will be promptly returned.
- Any questions contact Jamie Henley – 319-261-1031

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