

# SAINT CECILIA

## CATHOLIC COMMUNITY

2900 HOOVER AVENUE, AMES, IOWA 50010

www.stceciliaparish.org



*We are called one by one and as a community to become part of the living presence of Jesus Christ. We are united with the Father and strengthened and enlivened by the Holy Spirit. We are committed daily to love and serve others as Jesus did.*

### Mass Schedule

**Weekend: Saturday 5:00 PM**  
**Sunday 8:00, 9:30 and 11:15 AM**

**Weekday: Tuesday thru Friday, 7:00 AM**

**Holyday:** Check inside listing for times.

### Prayer Opportunities

**Evening Prayer:** Tuesday, Wednesday, Thursday, 5:00PM in the Chapel.

**Eucharistic Adoration:** The Chapel is always open for prayer. Call 233-3092 if you wish to sign up for a scheduled adoration hour.

**Intercessory Prayer Group:** Sunday, 9-10:00PM in the Chapel.

**Rosary:** Monday, 7:00AM & 7:30PM in the Chapel.

**Christians in the Spirit:** Tuesday, 7-9PM, Chapel  
**Saturday Morning Prayer:** 7:00AM, Chapel

### Sacramental Life

#### Reconciliation

**Saturday 4:00-4:30 PM**  
Anytime by request.

#### Marriage

Please call the Parish Office at least six months before setting date.

#### Baptism

To participate in the Baptismal Program please call the Parish Office. Instruction for parents is required.

#### Sick Calls

Call the Parish Office to make arrangements to receive the sacraments.

### PARISH STAFF

#### Pastor

Father Terry Rassmussen, OFM Conv.  
*TRassmussen@aol.com*

#### Deacons

Gary Aitchison, John McCully, Richard Tondra

**Office..... 233-3092**

**Arlene Stacy**, Business Manager  
*astacy@stceciliaparish.org*

**Robert Hauser**, Music & Liturgy Director  
*bhauser@stceciliaparish.org*

**Joan Jones**, Secretary  
*jjones@stceciliaparish.org*

**Dawn Aitchison**, Family Life Coordinator  
*porchdaisy@iowatelecom.net*

**Sally Elbert**, Community Life Coordinator  
*selbert@stceciliaparish.org*

**Religious Education.....232-3514**

**William Monosmith**, Director  
*wmonosm@stcecilia.pvt.k12.ia.us*

**Joe Lawlor**, Coordinator of Youth Ministry  
*jlawlor@stcecilia.pvt.k12.ia.us*

**Annette Ahmann**, Secretary  
*aahmann@stcecilia.pvt.k12.ia.us*

**School.....232-5290**

**Duane Siepker**, Principal  
*dsiepker@stcecilia.pvt.k12.ia.us*

**Lois Vidimos**, Secretary  
*lvidimos@stcecilia.pvt.k12.ia.us*

+++++

**Parish fax number: 233-6423**

**Catholic Charities 296-2759**

Office located at St. Thomas Aquinas

## Religious Education

for the whole parish family

### Religious Education Classes

?? **Pre-School & Kindergarten** meets during 9:30AM Mass the 1st & 3rd Sundays of the month. March dates: 7, 21

?? **Grades 1-6**

**Mondays, 6:10-7:30PM**

February class dates: 23

**Wednesdays, 4-5:20PM**

February class dates: 25

?? **Grades 7 & 8**

**Wednesdays, 7-8:20PM**

February class dates: 25

### Youth Ministry

?? **Grades 9-12**

Classes meet **Sundays 7-8:30PM**

Next class: February 22

**Come to R.U.S.H. hour every Wednesday...**

**Feb. 25:** Ash Wednesday service followed by reflection/movie in the A/Y room

**Mar. 3:** Movie night at North Grand 5, meet 6:30PM, Education Center

**March 10:** Praise & Worship/Topic discussion, meet in Church

**March 17:** Spring Break

**Stuebenville North** takes place July 30-August 1. Sign-up now. Call Joe at 232-3514.

**We Need The Following:**

Is your pool table collecting dust? Does the old foosball game get in your way? Have you gotten bored with your dart machine? Consider donating these or other recreational games to Saint Cecilia for use by the youth of the parish. Call Joe or Bill at 232-3514 or the parish office at 233-3092.

### Adult Education

**Scripture Study:** Meets Mondays, 7:30-9:00PM in the Adult/Youth room. Next session, February 23.

**Tuesday Morning Bible Study:** Meets 10:00AM in the Adult/Youth Room. Next session, February 24.

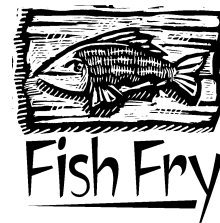
Friday, February 27

**Serving 5-7:00PM**

**Adults \$6; Ages 4-12, \$4**

Children under 4 eat free

Desserts available for a small donation



Profits support vocations and the mentally handicapped of Story County. Sponsored by the Knights of Columbus.



## Concert

**February 27, 7:00PM**

**Saint Cecilia Church**

**St. Benedict's/St. John's University**

**Wind Ensemble**

Collegetown, Minnesota

Directed by Dr. Dale White

Free will offering

\*\*\*\*\*

Host families are needed to provide bed & breakfast for the musicians. Please call Bob Hauser at 233-3092 if you are able to help.

**SIXTY PLUS GROUP** meets Tuesday, February 24, in the South Social Hall. Plan to eat at 12:15PM. Please bring a covered dish to share and your own table service. Bring a family heirloom(s) —antique, jewelry, recipe, tool etc.—to share for the program. All parishioners sixty years of age or older are encouraged to attend.



**POTLUCK DINNER FOR SENIORS**

**NATURAL FAMILY PLANNING** will be taught by the Couple to Couple League beginning on Sunday, February 29, 7:00PM in the St. Martin room at St. Thomas Aquinas Church. The Sympto-thermal method is taught, including information on the return of fertility after childbirth and ecological breastfeeding. If you're engaged this is a great time to learn NFP. The course consists of 4 classes held at monthly intervals and a \$40 course fee per couple is requested. To preregister or get more information call Tony & Suellen Pometto, 515-432-8275.

**WEDNESDAY MORNING PLAYGROUP** meets from 10:00-11:30AM in the Adult/Youth Room. All are welcome. Contact Dawn at 515-795-4224 for information.

**CONGRATULATIONS** to the 25 Saint Cecilia couples who renewed their marriage vows at the Renewal ceremony on Sunday, February 15. May the Lord continue to strengthen and enrich their relationships. Their commitment is a strong witness to their families and to our entire parish community.

## School News

*Saint Cecilia Catholic School*

### A note from the principal...

#### Upcoming Events:

Tuesday, February 24, 7:00PM, A/Y Room,  
Family School Association( FSA) Meeting  
Wednesday, February 25, 9:00:AM—All School  
Mass on Ash Wednesday

**FEBRUARY IS CATHOLIC PRESS MONTH.** One vehicle of the Catholic press is *The Witness*, our archdiocesan paper. It is the official source of information for our archdiocese but also contains national and international news and columnists that address family issues. If you do not receive *The Witness*, please consider beginning your subscription today. Be informed about what is occurring in our archdiocese. Cost is only \$18/ year for 48 issues (\$20 outside the archdiocese). Send your check to THE WITNESS, Box 917, Dubuque, IA 52003 or pick up a form from the literature rack.

**A PARISH POTLUCK DINNER** is held on the first Tuesday of every month at 6:00PM in the Social Hall. Everyone is welcome to attend. Next potluck: **March 2.**

**FUNDRAISER**  
**For the Gaul Family**  
**Cinnamon Roll Sale**  
**February 28/29**



### FIRST EUCHARIST PARENT/CHILD MEETING

(Choose one to attend)  
Monday, February 23, 6:10-7:30PM, Church  
Wednesday, February 25, 4-5:00PM, Church



**ASH WEDNESDAY** February 25

**Mass Times : 7:00 & 9:00AM**  
**5:30 & 7:30PM**

**STATIONS OF THE CROSS** will be held Fridays, 7:00PM, in the Church, beginning March 5.

**LENTEN PRAYER & REFLECTION**, 7-8:00PM, in the Chapel beginning March 3.

### REGULATIONS REGARDING FAST AND ABSTINENCE

**Abstinence** from meat (beast or fowl) is to be observed by all Catholics 14 years old and older **on Ash Wednesday and on all Fridays of Lent.**

The obligation prohibits the eating of meat, but not eggs, milk products, or condiments of any kind, even though made from animal fat.

**Catholics who are 18 years of age but not yet 59 are obliged to fast on Ash Wednesday and Good Friday.**

Fasting means not eating solid foods between meals. It is limiting oneself to one full meal on a given fast day. Two additional smaller meals are permitted; however, the two smaller meals together may not equal one full meal.

### BAPTISM

Our next preparation session will be held **Thursday, April 1, 6:30- 9:00PM** in the Adult/Youth Room. All parents seeking baptism for their child are expected to attend a preparation session. To Register, call the Parish Office at 233-3092.

Baptisms can be scheduled for any masses on Easter as a celebration of new life. Contact the parish office to schedule a baptism.

## Mass Intentions

### Saturday, February 21

5:00PM: Dick McDonald

### Sunday, February 22

8:00AM: Germaine Mullenbach

9:30AM: Richard Sullivan

11:15AM: Saint Cecilia Parishioners

### Tuesday, February 24

7:00AM: Dan McCarton

### Wednesday, February 25

7:00AM: Lillian Hussey

9:00AM: Greg Gaul

5:30PM: Richard Lang

7:30PM: Dorothy Healy

### Thursday, February 26

7:00AM: Camilla Frame

### Friday, February 27

7:00AM: Mike McPeak

### Saturday, February 28

5:00PM: Saint Cecilia Parishioners

### Sunday, February 29

8:00AM: Mary Meyers

9:30AM: Jack Gehm

11:15AM: Richard Delaney

**ATTENTION ALL WOMEN! Lent begins February 25,** but there is still time to sign up for the Christian Experience Weekend (CEW) scheduled for March 12-14 at Our Lady's Immaculate Heart in Ankeny. Remember the Martha and Mary story? Leave the busyness of Martha behind for a weekend and become like Mary at the feet of Jesus focusing on your relationship with Him. Brochures may be found in the literature rack or the pamphlet holder outside the parish office. Call Debbie Landuyt at 597-2263 if you have questions.

**CATHOLIC MEN'S CONFERENCE,** Saturday, March 27, Dyersville, IA. The Journey Home: "Coming to Faith" begins with registration at 7:00AM and concludes with Mass celebrated by Archbishop Hanus at 5:15PM. Preregistration fee is \$25 postmarked by February 25, or \$35 at the door. Lunch and conference materials included. Registration forms available in the literature rack or call 563-556-2585 for more information.



**PLEASE CHECK THE USHERS ROOM:** Misplaced items located there include diaper bags, earrings, dishes, and clothing items. Unclaimed items will be discarded at the end of the month.

**INTERNATIONALLY KNOWN CHOIR TO PERFORM**

The Concordia Choir, under the direction of Rene Clausen, will present a concert of Sacred Music at St. Andrew's Lutheran Church, Ames, on Monday, March 1, 7:30PM. Advanced tickets are recommended. Tickets are \$10 for adults and \$6 for students in grades K-12 and may be purchased at Rieman Music in Ames or St. Andrew's Lutheran Church. Call 292-2131 for more information.

**VOLUNTEERS NEEDED:** Enhance your quality of life by helping others. Volunteer at Mary Greeley Medical Center. Volunteer positions include: cashiers, snack bar service, tour leaders, visiting patients, Information Desks, Emergency Room...call MGMC Volunteer Services at 239-2210. Weekly, monthly or intermittent commitments are appropriate. Being gone for several months of the year is not a problem.

**COUPLE WANTED:** Responsible couple to assist with care and household duties for a married couple, who are both quadriplegic, in exchange for room, board and a potential salary. Private living quarters (downstairs in a new house) provided. Call 232-6239 for Curt.

Please remember in your prayers:  
**MICHAEL MCPEAK and CAMILLA FRAME** who recently passed away. May the Lord grant peace and consolation to their families in their time of need. May they, and all who sleep in Christ, find in God's presence, light, happiness and peace.



7th Sunday in Ordinary Time



The best classes are those that really teach you something. When you learn useful information, develop a new skill, or improve the skills you have, you feel like you've accomplished something. It boosts your confidence, increases your knowledge and makes you feel good. It's the "ahh!" effect, that feeling of surprise and satisfaction you get when you learn something new and worthwhile!

The reading from Luke is a practical course in the spiritual life, given by Jesus. How you treat your enemies, those who are in need, those who borrow, and those who sin, are a measure of your spiritual life. It is not enough to simply say "I believe in God," or "I am a good person." The proof is not in what you profess, but in how you act. If you treat others with respect, recognizing their dignity as a child of God, no matter how sinful, then your faith is strong. The measure of faith is holiness, while the measure of holiness is charity. You cannot have one without the other.

Faith teaches us compassion, understanding, generosity and love. They are not only the products of faith, but also faith's nourishment. If you practice these virtues, your faith is strengthened. If you develop your faith, these virtues grow. It's the "ahh" effect as you come to experience and know more deeply God's providential love. By knowing Him, we care for each other, and in caring, find our faith.

(c)2004 Liturgical Publications Inc

**CONNECT WITH** other single women, 18 and over, as they explore questions about the purpose and meaning of their life's path during a "Live-in-Experience" Vocation Retreat, February 27-29, hosted by the Sisters of St. Benedict. Come learn who we are, how we live, and how we seek God. Enjoy meals, conversation, prayers and reflection with us. You make no commitment and there is no charge. To learn more about the weekend at St. Mary Monastery, 2200 88th Ave. W., Rock Island, IL 61201, contact Sr. Phyllis McMurray, OSB, at 800-650-1257 or email pmcmurray@stmarymonastery.org.

**Readings for the Week of February 22, 2004**

- Sunday: 1 Sm 26:2, 7-9, 12-13, 22-23; 1 Cor 15:45-49; Lk 6:27-38
- Monday: Jas 3:13-18; Mk 9:14-29
- Tuesday: Jas 4:1-10; Mk 9:30-37
- Wednesday: Jl 2:12-18; 2 Cor 5:20-6:2; Mt 6:1-6, 16-18
- Thursday: Dt 30:15-20; Lk 9:22-25
- Friday: Is 58:1-9a; Mt 9:14-15
- Saturday: Is 58:9b-14; Lk 5:27-32
- Next Sunday: Dt 26:4-10; Rom 10:8-13; Lk 4:1-13