



# Testimonials from our Ames Care Receivers

Since 2012, the Ames Catholic Stephen Ministry Community has journeyed with over 80 care receivers as they faced difficulties in his/her own life. It has been a blessing for them to have a Stephen Minister share their burden.

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“If an individual is experiencing difficulties, I would highly recommend a Stephen Minister.”

“I cannot begin to tell you what a wonderful experience this was for me!”

“Always felt comfortable sharing and expressing self”

My care receiver has appreciated Stephen Ministry because.....though my care receiver passed away, her daughter left me this message: “I’m so grateful you were there for her through all of this. It meant a great deal to us, and it was very important to Mom. I can’t thank you enough for what you’ve done. Mom was ready to go, but you helped her get there.”

“Having a Stephen Minister was instrumental in keeping God present on a daily basis.”

“...I was forgetting to ask God for his guidance and allowing him to take over.”

“As our sessions progressed, I felt closer to God.”

“(My Stephen Minister) was a great role model who helped me realize my relationship with God could grow stronger even though I experienced a great tragedy.”

My care receiver has appreciated Stephen Ministry because he can share whatever he wishes, and I listen. My care receiver enjoys sharing his accomplishments since we last met. He gives me updates of what is happening in his life and goals that he wishes to work on. My care receiver feels isolated in this community because he has not found a church that he wants to join. The spiritual aspect of Stephen ministry is very important to him. My care receiver appreciates our prayer time. He is very firm in his faith in God and has few opportunities to pray with others. He longs to reflect on Scripture and praise God with others.

“(Counseling) was a waste of my time and money for me. Then I found Stephen Ministers!”