



The Catholic Church has **seven principles of Catholic Social Teaching**. The Social Justice Committee at St. Cecilia's Parish has decided to share these with you through our quarterly newsletter. In this issue we center on **Principal 2—Call to Family, Community, and Participation**



UNITED STATES CONFERENCE OF CATHOLIC BISHOPS

### Days for Girls

A new sewing team called "Days for Girls" recently met at St. Cecilia, with start-up funding from the Social Justice Committee and the Good Samaritan Fund. The sewing team will sew hygiene kits for girls in third world countries as part of Days for Girls (<http://www.daysforgirls.org>) an international non-profit organization.



Doreen Berg and Mary Ross first met with a co-leader of the Des Moines Days for Girls team, Carol Helland, to obtain more information. Doreen, Mary, and Julie Haas then attended one of the Des Moines' team's workshops in Polk City to get a first-hand look of the group's work. Beth Blessman of Blessman Ministries ([www.blessmanministries.org](http://www.blessmanministries.org)) spoke to the group about the unlimited need for the kits in South Africa, where she lives and works. Currently, the Des Moines team donates all their kits to Blessman Ministries.

The Days for Girls website includes instructions and patterns on making the kits, as well as the fabric and supplies needed. The goal is to make kits that last three years; usage and research since 2008 has shown which materials are the best and most durable.

The St. Cecilia team decided they would like to meet and sew at St. Cecilia; the next meeting is June 9 at 7PM in the Sunroom. . However, sewing can also be done at home if you cannot attend meetings. New members are always welcome. Non-sewers can also participate by cutting out patterns.

Donations needed for the kits include:

**Fabric:** 1. 100% cotton, quilters cotton preferred, medium to dark colors. Minimum size: 6 inch square. 2. 100% cotton flannel. Minimum size: 10 inches square. Due to cultural differences, the following print designs cannot be used: animals, war, bugs, camouflage, stars, culture-specific (like Disney). Fabric must be pre-shrunk (washed and dried without fabric softener) before sewing.

Ziploc gallon bags (non-zipper) – brand name bags last longer

Underwear for girls, size 12-14 and up - new and unwashed

Dark wash cloths – new and unwashed

Hotel-sized soap

100% polyester thread

For more information or to make a donation, please call Mary Ross (232-5080).

## Social Justice Contacts

**ALTERNATIVE GIFT MARKET -**  
**1-800-842-2243 STC Contact:**  
**Cynthia Shriver 292-6584**

**AMOS STC - Contact: Mary Ross**  
**232-5080**

**APPALACHIA WAREHOUSE -**  
**2019 Pullman Street, Ames. STC**  
**Contact: Lynn Franco 232-0898**

**BIRTHRIGHT OF AMES -**  
**108 Hayward Ave., Suite 202, Ames**  
**515-292-8414. STC Contact:**  
**Kriss Holmes 515-292-8414**

**CATHOLIC DAUGHTERS OF THE**  
**AMERICAS - STC Contact:**  
**Peggy Murdock (515) 708-2439**

**EMERGENCY RESIDENCE**  
**PROJECT - STC Contact: Julie Haas**  
**232-7138**

**FOOD AT FIRST - 516 Kellogg Ave.,**  
**Ames. 515-344-4357 STC Contact:**  
**Doreen Berg 956-3414**

**GABRIEL PROJECT- STC Contact:**  
**Beth Dahlke 460-0403**

**GOOD NEIGHBOR EMERGENCY**  
**ASSISTANCE, INC. - 611 Clark Ave.,**  
**Ames 515-296-1449 STC Contact:**  
**Doreen Berg 956-3414**

**HABITAT FOR HUMANITY OF**  
**CENTRAL IOWA - 515-232-8815.**  
**STC Contact: Alan Christy 231-8099**

**MEALS ON WHEELS (Homeward) -**  
**1114 S. Duff, Ames. STC Contact:**  
**Cathy Kaspar 233-0517**

**OPERATION RICE BOWL - STC**  
**Contact: Cynthia Shriver 292-6584**

**PRISON MINISTRY - STC Contact:**  
**Barb Moore**

**SAINT CECILIA SOCIAL JUSTICE**  
**COMMITTEE. STC Contact:**  
**Mary Ross 232-5080**

**SANCTITY OF HUMAN LIFE, STC**  
**Contact: Garland Dahlke 460-0403**

The Social Justice Committee meets on the third Monday of each month at 7:00 p.m. in the Sunroom. Everyone is welcome to attend.

## Principal 2: Catholic Social Teaching — Call to Family, Community, and Participation

The Emergency Residence 4-Plex on Kellogg Avenue in Ames is being renovated thanks to St. Cecilia parishioners and members of other churches in the Ames **community**. The first unit was sponsored by St. Cecilia parishioners and a **family** (mother and seven children) moved into the unit the day after Mother's Day. Without your contributions to the monthly Black Bag collection and the **participation** of many parishioners who helped build and clean the unit, this project would not be a reality. Thank you!



**Last minute finish work—**  
 Deacon Alan Christy,  
 Chuck Abbott and  
 Kevon Jones

**Final apartment cleaning—**  
 Doreen Berg, Joan (Haas)  
 Wilson and Julie Haas



**Kevon Jones and**  
**Cynthia Shriver**

**Open House/Dedication—**  
**May 10, 2015**

**Sandra Abele, Teagan Abele,**  
**Troy Jansen, Jerry Ross,**  
**Mary Ross, Deacon Alan**  
**Christy, Linnea Abele,**  
**Vic Moss and Julie Haas**

